

FIRST AID TO THE WIFE IN DIPLOMATIC CRISES—GOOD HEALTH HINTS—PATSY KILDARE

TACT IN HANDLING UNPLEASANT SITUATIONS NEEDED BY WIVES

Always a Psychological Time for the Disagreeable as Well as the More Agreeable Duties in Life

The woman occupied a chair in the Pullman as I entered it. Her wraps were thrown across another chair, which she was evidently saving for some one.

SUDDENLY the woman dived down into her handbag and produced a letter she had evidently forgotten, written on unmistakably feminine stationery.

BUT whatever the contents, I couldn't help feeling how deplorably lacking in tact the little wife was. A long railway journey together, and she had "put the kibosh" on it at the start.

What strange combinations of materials we find this year! Above is a hat of straw, fougard and gingham! The milliner going on the theory that to be strictly up to the minute there must be a touch of gingham somewhere—so the crown of the hat, covered, saves the day.

have been something extremely important, but one gathered not from all appearances. An ability to seize the proper time and place for the unpleasant as well as the pleasant things of life is one to be cultivated.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries, like those given below are handled that the editor does not necessarily accept.

- 1. What are ideal storing conditions for preserves?
2. How can fine lingerie be stiffened sufficiently without the use of starch?
3. How can the particles of dust and lint which accumulate about the works of a sewing machine be removed?

ANSWERS TO YESTERDAY'S INQUIRIES

- 1. Baked Alaska is ice cream which has been covered with a meringue, then placed in a shallow pan and baked in a hot oven for a minute until the meringue is browned. The wood and meringue are nonconductor of heat.
2. To tell boiled eggs from raw eggs when they have been mixed try to spin the eggs gently. The boiled ones will not spin.

American Flags on Stockings

To the Editor of Woman's Page: Dear Madam—I want to protest against the indiscriminate use of the American flag, the emblem of our country, on the stockings of women.

The One-Piece Bathing Suit

To the Editor of Woman's Page: Dear Madam—I am a young girl of nineteen and I have just returned from a camp in New York. There will be only one article of clothing that I could take only my one-piece bathing suit with me or would be necessary to buy a slip to wear over it.

Demeanor of Fiance's Parents

Dear Madam—Kindly tell me through the exchange what is expected from the mother or father of a young lady who is to be married. I should meet this young lady unexpectedly.

Recipe for Peach Vinegar

To the Editor of Woman's Page: Dear Madam—I am going to put up a lot of peaches and some people I know use the parings for making peach wine. Can you suggest a recipe to do this? (Mrs.) M. K.

Vegetable Soup

To the Editor of Woman's Page: Dear Madam—Please print a recipe for vegetable soup without any meat sticks. It can be made that way? We have so many different kinds of vegetables. (Mrs.) R. A.

Liquid Green Soap

To the Editor of Woman's Page: Dear Madam—Some time ago you gave advice for getting rid of blackheads by the use of liquid green soap. I have tried to get this, but so far have not been able. Is there any way of making it at home? (Mrs.) M. K.

IN THE MOMENT'S MODES

Fall Chapeaux Designed for the Young Girl



There is a certain charming dash to the fall chapeaux for young girls, a certain undefinable quality that suggests their purpose in life, suggests youth.

PATSY KILDARE, OUTLAW

By JUDD MORTIMER LEWIS

ONLY two more days of school this year after today! When a person gets to be seven years old time certainly goes by.

Prospective Glory

When we got to the place where the crawfish holes are there was the district superintendent with a piece of board and he was digging in the mud for what he called the "gold" of the crawfish.

PHILADELPHIAN'S CAPTURED SON SENT TO GERMAN PRISON CAMP

Mrs. Marion Mount, of 1218 Master Street, Receives Letter That Took Six Months to Travel From Germany to This City

Mrs. Marion Mount, of 1218 Master street, has received a letter from her son, Jack, who has been captured by the Germans and placed in the German prison camp, at Clausthal, Hanz, Germany.

TEACHERS' SALARY LAW CAUSES TROUBLE IN STATE

HARRISBURG, Aug. 16.—State education authorities have been asked by officials and directors of a number of smaller school districts of the State for suggestions which will relieve their financial condition because of the approval of the law providing for a new minimum salary for teachers.

Tomorrow's War Menu

- BREAKFAST: Creamed Codfish on Toast, Muffins, Coffee
LUNCHEON: Rice and Cheese Croquettes, Stewed Tomatoes, Sponge Cake, Tea
DINNER: Fruit Cocktail, Breaded Scallops, Sauce Tartare, Riced Potatoes, Buttered Beets, Peach Pie, Demi Tasse

MAEMARSH, GOLDWYN, STAR 'CINDERELLA MAN'

Movies in Australia During War. Pathe's Publicity Locates Lost Man

By the Photoplay Editor Goldwyn has purchased from Oliver Morosco and Edward Childs Carpenter, the author, the famous all-season New success, "The Cinderella Man," and without any loss of time whatever Miss Marsh began work for the camera in this production this week.

The director of this production is George Loane Tucker, the successful English director, whose recent film productions under his own auspices have attracted widespread attention in the industry.

W. Tod Martin, vice president of the Fraser Film Release Company, Ltd., of Australia, arrived from his own country, by way of London, this week, for the purpose of looking after the Australian interests.

GENERAL SIBERT WELL PLEASSED WITH REVIEW

First Official Inspection of American Troops Abroad Showed Great Progress

AMERICAN TRAINING CAMP IN FRANCE, Aug. 15 (Delayed). The flower of the American army was today reviewed by General Sibert, the second in command.

WILL WATCH PUBLIC MENUS

WASHINGTON, Aug. 16.—Hotel, cafe and dining-car menus will have 600,000 pairs of eyes on them, seeing that the furnishers of food to the traveling public must give the suggestions for economy made by the War Department.

Ladies' Shirt Waists

Best quality; white and colors. \$1 to \$6 Special Value. Also full line of ladies', children's and men's hose.

GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

Those who have not yet suffered the ravages of unnatural living, as evidenced by loss of hair, will do well to follow these rules: while those who are partially bald may do much to stop the progress of the scalp disease which is depriving them of their hair.

Constipation and Colitis My daughter has chronic constipation, and the doctor says she has colitis. What can I do? (JAMES G.)

Colitis is an infection of the colon. Various kinds of germs get into the colon and become attached to its walls and produce a condition similar to the catarrhal condition of the nose. Colitis is usually located in the lower part of the colon, but it may extend to the entire colon.

Lettuce Contains Iron Why is lettuce considered so wholesome? (Mrs. E. E. C.)

Because it is rich in iron. It is a blood-making food. There is twice as much iron in a pound of lettuce as in a pound of beefsteak and the iron of the lettuce is all available for use, whereas the iron of the beefsteak, according to Sherman is very much less so.

Starchy Food and Sour Food May sour fruit and starchy foods be eaten at the same meal? (INQUIRER)

Yes, if one takes pains to chew thoroughly. The acids of fruits to a sufficient degree so they will not do any harm.

Brans You frequently advise bran. Just what part of the grain is bran? (Bran) Is the outer husk or coat of the grain?

LESSONS FOR THE SOLDIERS

Instructions Issued by the War Department to Men Selected for Service in National Army

YOUR real training for your duties as a soldier will begin after you and your comrades are assembled at the training camp. However, there are a few simple things you can do during the next few weeks which will be of decided value in getting you started along the right lines.

There are some simple rules of eating and living which all of us should follow regularly. They will be especially helpful to you if you put them into practice in preparing for camp life.

Perhaps the most important of these rules is to keep your mind clear. You will see clearly if you have been in the habit of smoking immoderately, cut down; get your mind and your digestion into the best possible condition.

THE BEARING OF A SOLDIER

Few people without military training have a correct idea of what is meant by the position and the bearing of a soldier. They are apt to imagine that it means a strut or an extremely strained attitude.

MAKING YOURSELF FIT

If you can devote part of your time between now and the opening of camp to physical exercise you are fortunate and should

Women! Stop Corn Pain!

Few Drops and Corns Lift Out Don't hurt a bit! Cincinnati man discovers drug that works miracles—No humbug!

